

Routine for the Foundation Course

[A] Foundation Course (GMER 2018)

Subjects/ Contents	Teaching Hours	Self Directed Learning (SDL)	Total Hours
Orientation	30	0	30
Skills Module	35	0	35
Field Visit to CHC	8	0	8
Introduction to Professional Development & AETCOM module	-	-	10
Sports & Extra Curricular Activities	22	0	22
Enhancement of Language / Computer skills	5	0	50
Total Hours			155

1. Orientation Course will be completed as single block in the 1st week & will contain elements outlined in 9.1
2. Skills Module will contain elements outlined in 9.1
3. Based on the perceived need of learners, one may choose language enhancement (English or local spoken or both) and computer skills. This should be provided longitudinally through the duration of the Foundation Course
4. Teaching of Foundation Course will be organized by Pre-clinical Departments

Routine of 1-0th August 2019

Day	8-9 H	9-10 H	10-11 H	11-12 H	12-13H	13-14 H	14-16 H
Mon	Orientation Class		Skills Module	Orientation Class	Lunch	Orientation Class	Language/Computer
Tue	Orientation Class		Field Visit to CHC		Lunch	Orientation Class	Language/Computer
Wed	Orientation Class		IPD- AETCOM	Orientation Class	Lunch	Orientation Class	Extra Curricular Act
Thur	Orientation Class		Skills Module		Lunch	Orientation Class	Language/Computer
Fri	Orientation Class*		Institute Visit	Orientation Class	Lunch	Orientation Class	Language/Computer
Sat	Orientation Class		Language/Computer		Lunch	Orientation Class	Sports

- In the 1st week (2.8.19)- The OC will include the 'White Coat Ceremony'

Routine of 12-31 August 2019 (3 Weeks)

Day	8-9 H	9-10 H	10-11 H	11-12 H	12- 13 H	13-14 H	14-16 H
Mon	Skills Module		IPD- AETCOM	Case Discussion on Medical Ethics	Lunch	Documentation & Record keeping	Language/Computer
Tue	Skills Module		Language/Computer		Lunch	Documentary Film on Health issues	Sports
Wed	Skills Module		IPD- AETCOM	Case Discussion on Medical Ethics	Lunch	Documentary Film on Current Science	Language/Computer
Thur	Skills Module		Language/Computer		Lunch	Documentary Film on Social Issues	Extra Curricular Activities
Fri	First Aid	BLS	Field Visit to CHC		Lunch	IPD- AETCOM	Language/Computer
Sat	Skills Module		Language/Computer		Lunch	Reflection & Feedback	Sports

ORIENTATION CLASS SCHEDULE

No	Topic	Facilitator	DUR (H)
01	Doctor & Society-1		2
02	Doctor & Society-2		1
03	History of Medicine-1		2
04	Evolution of Medical Knowledge Systems		1
05	History of Medicine-2		2
06	The Disciplines and perspectives their orientation- the academic ambience		1
07	Medical Ethics, Attitudes & professionalism-1		2
08	The Medical Vocabulary		1
09	Medicine and Environment		1
10	National Health Programs & Policies		2
11	Health care Systems and its delivery-1		1
12	Principles of Primary Care-General		1
13	Alternative Health Systems in India		2
14	Principles of Primary Care-Community Based		1
15	Health care Systems and its delivery-2		1
16	Universal Precautions and Vaccinations		2
17	Patient safety and Biohazard safety		1
18	The MBBS Training Program- CBME		1
19	Basics of Medical Research Methodology		1
20A	Medical Ethics, Attitudes & professionalism-2		1
20B	Medicine, Law, Human Rights & Medicine in India		2
21	National & International Health Organizations		1
TOTAL DURATION			30 H

SCHEDULE OF SKILLS MODULE

No	TOPIC	FACILITATOR	DUR Hours
01	How to manage your study time?	Academic counselor	2
02	How to surf internet effectively & safely?-Introductory Session 1	Computer Professional (CP)	1
03	Feeling Stressed? How to cope up with it?- Session 1	Students Counselor	2
04	Basics of interpersonal relationships- Session 1	Students Counselor	2
05	Essentials of successful communication- session 1	Communication Expert (CE)	2
06	How to surf internet safely& effectively?- Session 2	Computer Professional	2
07	Importance of Self Directed Learning- How to inculcate it ?- Session 1	Academic counselor	2
08	How to manage your daily chores in time?	Students Counselor	2
09	Feeling Stressed? How to cope up with it?- Session 2	Students Counselor	2
10	Basics of interpersonal relationships- Session 2	Students Counselor	2
11	Essentials of successful communication- session 2	Communication Expert	2
12	How to conceptualize, document & materialize a project?	Academic counselor	2
13	How to prioritize your familial, social & professional commitments?	Students Counselor	2
14	Importance of Self Directed Learning- How to inculcate it ?- Session 2	Academic counselor	2
15	Feeling Stressed? How to cope up with it?- Session 3	Students Counselor	2
16	Basics of interpersonal relationships- Session 3	Students Counselor	2
17	Essentials of successful communication- Session 2	Communication Expert	2
18	How to monitor and improve your knowledge, attitude & skill?	Academic counselor	2
TOTAL DURATION			35